CUMBERLAND COUNTY NUTRITION PROGRAM

HALEYVILLE

AUGUST 2018

Program Aide: Kimberlee Davis

Monday	Tuesday	Wednesday	Thursday	Friday
You MUST register to attend the Senior Luncheon Program. Call 785-9817 to register or cancel a meal by 11:30 AM the day before.		1 Salisbury steak w/onions & gravy Mashed potatoes Brussel sprouts Wheat bread Mandarin orange slices	2 Oven fried chicken (thigh & leg) Scalloped potatoes Collard greens Wheat bread Pineapples	3 Seafood salad w/lettuce & tomato Cucumber, onion & tomato salad 2 slices rye bread CONG: Ice Cream MOW's: Yogurt
6 Meat loaf w/brown gravy Mashed potatoes Peas & Carrots Wheat bread Tropical fruit	7 Lasagna roll w/tomato sauce California blend vegetables Mixed lettuce salad w/tomato & French dressing Seedless Italian Iced white cake	8 Breaded fish w/tartar and cocktail sauce Oven roasted red skin potato wedges Carrot raisin salad Wheat bread Fresh orange	9 Egg salad w/lettuce & tomato Tri-colored vegetable pasta salad 2 slices wheat bread Sliced peaches	10 Pineapple baked ham Cut sweet potatoes Spinach Wheat bread Ambrosia
13 Chicken parmesan Penne pasta w/red sauce Italian blend vegetables Seedless Italian Apricots	14 Swedish meatballs w/gravy Egg noodles Broccoli Wheat bread Orange wedges	15 Stuffed pepper w/red sauce Parsley mashed potatoes Buttered carrots Wheat bread Mixed melon	16 Pork & beef hot dog w/mustard, ketchup & relish Potato salad Sauerkraut Hot dog roll Watermelon	17 Sweet sausage patty w/onions and peppers Roasted new red potatoes Capri blend vegetables Hamburger bun Lemon pudding
20 Antipasto salad w/tomato, ham, turkey, egg & cheese w/dressing Bed of baby spinach w/extra Italian dressing Wheat bread Butterscotch pudding	21 Stuffed cabbage roll in red sauce Mashed potatoes Buttered green beans Wheat bread Mixed melon	22 Baked breaded chicken cutlet with gravy Stuffing Glazed carrots Wheat bread Banana pudding	23 Thin bone-in baked pork chop Mashed sweet potatoes Brussel sprouts Dinner roll Sponge cake	24 Small shells & meatballs w/extra sauce and grated cheese Mixed lettuce salad w/tomato and Ranch dressing Seedless Italian Fruit cocktail
27 Turkey hoagie w/mayo, lettuce and tomato Macaroni salad Italian roll Cottage cheese & peaches	28 Beef patty in mushroom gravy Mached potatoes Broccoli Wheat bread Banana	29 (CONG) Pizza (MOW's) Baked ziti w/meat sauce and cheese (BOTH) Mixed lettuce salad w/tomato & Italian dressing (MOW's) Club roll Pineapple	30 Meat ravioli bake w/side of extra sauce Italian green beans Seedless Italian Applesauce	31 Breaded chicken fingers White rice w/cheddar cheese and broccoli Sugar snap leas Wheat bread Berry parfait