

COMMERCIAL TOWNSHIP ENVIRONMENTAL COMMISSION

Now that we are becoming more and more conscious of global warming it is important to be thinking of ways to save energy. Here are a few tips on how to do just that.

1. Try cooking with small appliances: toaster ovens, microwaves, slow cookers, etc. They use less energy.
2. When buying a refrigerator or freezer look for the Energy Star label. These models can save you hundreds of dollars over the life of the appliance.
3. Do not leave appliances such as tv's, computers or cell phone chargers on standby
4. Use lids on pots when cooking. This traps the heat and requires less energy.
5. Use a clothesline to dry clothes when possible. If using a clothes dryer, do not dry clothes excessively. It uses too much energy and it's hard on fabrics.
6. Don't let water run when brushing your teeth.
7. Buy reusable shopping bags. Most can be washed if needed.
8. When shopping buy products with minimal packaging.
9. Recycle at home. You can save 2,400 lbs. of CO₂/year by recycling ½ of your household.
10. Plant a tree. One tree can absorb one ton of CO₂ in its lifetime.
11. Buy foods that are locally grown and produced. The food is fresher and saves transportation costs.
12. Eat less meat. Methane gas is the most significant greenhouse gas. Cows are the greatest emitters of this gas.