OCTOBER 2024

CUMBERLAND COUNTY NUTRITION PROGRAM HALEYVILLE

SITE MANAGER - CINDY TAWES 785-9817

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEALS ARE ORDERED IN ADVANCE. PLEASE CALL 785-9817 BEFORE 11:30 ATLEAST ONE DAY PRIOR TO REGISTER OR CANCEL A MEAL.	1 Tuna Salad Sandwich w/lettuce & tomato Bean Salad Vegetable Minestrone Soup Saltines & Rye Bread (2) Mixed fresh fruit	2 Shaved Roast Beef Broccoli/Cauliflower mix Mashed sweet potatoes Whole wheat bread Lemon Pudding	3 Pineapple Baked Ham Brussel Sprouts Scalloped Potatoes White bread Parfait w/ Peaches	4 Orange Chicken Extra sauce Rice Pilaf Asparagus Whole Wheat bread Banana
7 Turkey Stuffed Cabbage Red sauce Seasoned Green Beans Garlic mashed potatoes Whole wheat bread Apple Muffin	8 Ham & Cheese Sandwich w/lettuce & tomato Cream of tomato soup Broccoli Salad Saltines & Wheat bread (2) Cinnamon apple slices	9 Grilled chicken breast w/gravy Vegetable Medley Baked potato Seedless Italian bread Parfait w/ strawberries	10 Cheese Ravioli w/ Turkey Meat sauce Brussel Sprouts Rye bread Butterscotch pudding	11 Chicken tenders w/ BBQ packed Broccoli/Cauliflower mix Mac & cheese Whole Wheat bread Cottage cheese w/ fruit
HAPPY*** COLUMBUS DAY OFFICE CLOSED	15 Shaved Chicken Breast Sandwich lettuce, tomato, mayo/ mustard Pickled Beats Cream of broccoli soup Saltines & Wheat Bread (2) Mandarin oranges	16 Hot, Open-Faced Turkey Asparagus Scalloped Potatoes Seedless Italian Bread Banana CONGREGATE PIZZA	17 Baked Fish (No breading) w/ Tarter, Cocktail Sauce, Sour cream Seasoned Collard greens Baked potato Whole Wheat Bread Chocolate pudding	18 Barbecue pulled beef Ex BBQ sauce Brussel Sprouts Baked beans Hamburger Bun Mixed fresh fruit
21 Thin Sliced pork Loin w/ gravy Steamed Broccoli Cinnamon sweet Potatoes Whole wheat bread Banana Muffin	Egg Salad w/lettuce & tomato Green Bean salad Lentil Soup w/ saltines Saltines & Rye Bread (2) Rice pudding	23 BIRTHDAY CUPCAKES Turkey Meatloaf w/ gravy, mushrooms & onions Asparagus Roasted cut potatoes Whole wheat bread Mandarin oranges	24 Chicken Parmesan w/ red sauce Penne pasta Vegetable Medley Seedless Italian Bread Cold apple crisp	Sausage Jambalaya w/ rice Pepper & Onion Sauteed spinach Whole wheat bread Jell-o
28 Spaghetti & Meatballs Red Sauce & Grated Cheese Seasoned Green Beans Whole wheat bread Lemon pudding	29 Chicken salad lettuce & tomato Carrot & raisin salad Butternut Squash Soup Saltines & Wheat bread (2) Grapes	30 HAPPY HALLOWEEN Ham & Beans Mashed potatoes Asparagus Whole Wheat bread Halloween Cupcakes	31 Swedish turkey meatballs Egg Noodles & Gravy Seasoned diced Zucchini Whole wheat bread Cottage cheese w/ fruit	MEALS ARE ORDERED IN ADVANCE. PLEASE CALL 785-9817 BEFORE 11:30 ATLEAST ONE DAY PRIOR TO REGISTER OR CANCEL A MEAL.